

# Domestic and Family Violence Prevention Month 2024

The power of **One Thing** to end domestic and family violence.

The **One Thing** theme for the Townsville region, this Domestic and Family Violence Prevention Month, recognises the power of small individual actions combining to build the change needed to end domestic and family violence.

Here are some examples of things you might do this May:

## One Thing:

- Learn about the drivers of domestic and family violence by clicking [here](#) to visit Our Watch
- Learn about the power of “innocent jokes” to reinforce harmful gender inequalities by [clicking here](#) to visit The line website
- Call out sexist jokes, [click here](#) to find out more about how to #call it out
- Challenge gender stereotypes [click here](#) to find out more about the ways in which gender stereotyping is reinforced in books.
- Learn about enthusiastic consent [Click here](#) to visit The university of Sydney website
- Find out about healthy relationships by clicking [here](#) to watch a short video created by the Townsville Women’s Centre
- Learn about the many forms domestic and family violence can take, including coercive control by [clicking here](#) to visit the QLD Government website
- Domestic and family violence can affect all relationships and all people,
  - First Nations Peoples:
    - [Click here](#) to visit the 13 Yarn website, for resources or support.
  - Migrants and Refugees
    - [click here](#) for the SBS settlement guide which has domestic and family violence information including videos, in languages other than English,.
  - LGBTIQ+ Communities
    - [Click here](#) for the LGBTQ Domestic Violence Awareness website.
  - People living with a disability
    - [Click here](#) to visit 1800 Respect and learn more about domestic and family violence experienced by people living with a disability.
  - Abuse of the older person
    - [Click here](#) to visit Legal Aid QLD webpage on elder abuse.
- Book into a training session on the Common Risk and Safety Framework to build your confidence in recognising and responding to DFV by clicking [here](#)
- Learning about local , state and national support services by [clicking here](#) to visit the Townsville City Council Domestic Violence Webpage
- Find out how you can support local services, through donations or volunteering.
- Attend an event happening in your local area.